



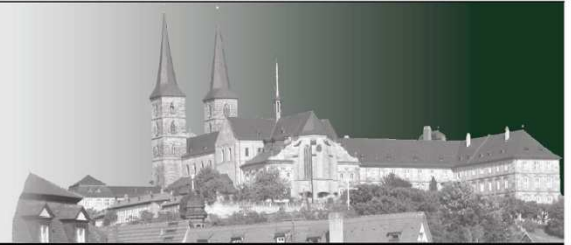
# WARNER WEEKLY

News & Information at Your Fingertips

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Thur. March 5, 2009



## Course restoring unit's identity, saving money



By Douglas DeMaio  
USAG Bamberg Public Affairs

Six weeks, two duty stations, and 115 students later, the cost for 11 jumpmaster instructors to travel on temporary duty to certify new jumpmasters has proved to be a success.

The jumpmasters, who were part of a Mobile Training Team from 1st Battalion, 507th Parachute Infantry Regiment, traveled from Fort Benning, Ga., to both Vicenza, Italy, and Bamberg to teach a three-week jumpmaster static line course to Soldiers of 173rd Airborne Brigade Combat Team.

Jumpmasters supervise paratroopers or parachutists who jump from an airplane.

Having an MTT travel overseas to provide 173rd ABCT paratroopers jumpmaster instruction has a variety of benefits, said Sgt. 1st Class Jeffery Bond, senior instructor for the MTT.

"It gives the unit the ability to save money and gives them the maximum bang for their dollar," Bond said.

*(Jump continued on page 3)*

**Douglas DeMaio**  
At right, Staff Sgt. Chad Rutan, a jumpmaster instructor from 1st, Battalion, 507th Parachute Infantry Regiment, observes Staff Sgt. John Hedgepeth, a jumpmaster student, practice inspecting equipment. Eleven jumpmasters taught two three-week jumpmaster courses to Soldiers of 173rd Airborne Brigade Combat Team. One course was taught in Vicenza, Italy, and the other in Bamberg.

## Army Emergency Relief campaign to last until May 15

By Douglas DeMaio  
USAG Bamberg Public Affairs

The Army Emergency Relief campaign fundraiser began March 1 and will last until May 15.

This year's theme is 'Adding Strength to Army Strong'.

"Let us all make this happen so Army Emergency Relief can continue to help our great Soldiers, families members and retirees of the United States Army" said Vanessa Holland, Bamberg's AER manager.

In 2008, the post helped with around \$29,000 in emergency loans and grants to Soldiers, family members and retirees, but AER also provided the community around \$500,000 in grants and loans, Holland said.

"This could not be possible without the help of donations given by Soldiers," she said.

According to a press release, AER announced 2008 as a record year in providing emergency financial and educational assistance to Soldiers and their Families. Total AER assistance reached \$83 million, up from the \$74 million of assistance in 2007.

Since 1942, when the Secretary of War established AER, the program has helped more than three million Soldiers and their Families overcome financial emergencies.

During 2008, AER handled 66,000 cases of financial assistance for unexpected financial stress to include emergency travel, housing, car repair, utilities, medical expenses, funeral cost and disaster relief along with support to surviving Families of Soldiers, and grants to widows and wounded warriors, the press release stated. Financial assistance in 2008 represents an overall 12 percent increase over 2007 levels.

While some of this increase may be related to the economy, AER also credits its efforts to improve access to AER assistance through our command referral and retired soldiers outreach programs.

*(AER Continued on page 2)*

**Vote on the Fourth of July celebration date. Click on the Survey at [www.bamberg.army.mil](http://www.bamberg.army.mil). Voting ends Tuesday, March 10 at 9 a.m.**

# A Hallmark Day for Soldiers in Iraq



Photo by Sgt. Keith M. Anderson

Chaplain (Maj.) James Boulware, chaplain, 16th Sustainment Brigade, hands a "valentine" to a Soldier from the 16th Special Troops Battalion motor pool at Contingency Operating Base Q-West Feb. 14. The valentines, sent by the battalion's family readiness group from Bamberg brightened the holiday for the deployed Soldiers.

## AER

(Continued from page 1)

The Command Referral Program gives company / battery commanders and first sergeants the authority to approve up to 1,000 in interest free loans for their Soldiers and provides a meaningful way for unit leaders to be directly involved in addressing financial problems of their Soldiers.

The AER Retired Soldier Outreach effort is conducted during the annual campaign to provide and opportunity for retirees to make donations as well as provide information on

how to obtain assistance if needed.

In support of its education program, AER disbursed \$12.1 million in scholarships to over 5,600 children and spouses of Soldiers. AER scholarship programs include the Maj. Gen. James Ursano Scholarship Program for dependent children, the Overseas Spouse Education Assistance Program for spouses of active duty Soldiers assigned and living in overseas commands, and Stateside Spouse Education Assistance Program.

AER assistance is available to Soldiers and

their Families, wherever they are located and the amount of assistance is only limited by valid need.

Soldiers and their Family members requiring AER assistance can contact their unit chain of command or go to their local installation AER office in Bldg. 7029 Room 203 or call DSN 469-7777.

For more information, call Vanessa Holland at DSN 469-7633 / CIV 300-7633 or email: [vanessia.holland@eur.army.mil](mailto:vanessia.holland@eur.army.mil) or visit [www.aerhq.org](http://www.aerhq.org).



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Douglas DeMaio

*Jumpmaster students Staff Sgt. Wayne Claiborne and Sgt. Brandon Hux practice inspecting equipment. Jumpmasters supervises paratroopers or parachutists who jump from an airplane.*

## Jump

(Continued from page 1)

When units provide training to their personnel, the cost of the training usually becomes the unit's responsibility.

Although most of 173rd ABCT is stationed in Germany, the classes had a similar amount of students, Bond said. The student to instructor ratio is about four or five student for every one instructor. Bamberg started with 60 students and Vicenza had 55 students.

It's a price difference between sending 115

paratroopers to Fort Benning for training as opposed to bringing over 11 instructors to teach the course, said 1st Lt. Bill Hackenbracht, Headquarters and Headquarters Company, 173rd Brigade Support Battalion.

Bringing the training here "doesn't take Soldiers away from their family," Hackenbracht said. "It takes care of Soldiers and saves money.

"It's a win-win," he said.

Bond said he completely agrees with Hackenbracht's assessment and believes the returns far outweigh the drawbacks, but

added the biggest downfall of an MTT is the absence of the training environment mentality.

"There are more distractions for the students," Bond said.

The need to focus on the objective of passing the course is important, Bond said, and to pass the course, the jumpmasters in training need to be disciplined and study.

Even if many students failed the course, Bond said, the cost analysis far out weighs sending students to Jumpmaster School individually.

The jumpmaster MTT only offers five jumpmaster training courses a year, he said.

Since the Airborne Jumpmaster School is a joint service school, the training can be for Marines, Air Force, Army, or Navy personnel, Bond said. The Jumpmaster training can also extend beyond joint service training and incorporate personnel from other countries.

Some personnel from foreign armies travel to Fort Benning to attend jumpmaster training, Bond said. The MTT allows foreign army personnel to attend the MTT training if the unit's leadership wishes to extend an invitation to their counterparts.

However, the 173rd ABCT did not do this because there was a high priority to get the personnel in the unit trained and certified to be jumpmasters.

Due to the increased operational tempo associated with the Long War, Hackenbracht said, some of the unit's Soldiers needed to be certified.

Hackenbracht said this training from the MTT should provide the brigade with 75-100 new jumpmasters, which is important to the unit's identity.

"We're the only airborne brigade in (U.S. Army) Europe," Hackenbracht said. Getting the brigade back to sustainable operational levels is a matter of importance and is essential to the esprit de corps of the unit.

Bond not only expressed the importance of officers being jumpmaster qualified because of their inherent position, but he emphasized the importance of noncommissioned officers to aspire to be jumpmasters.

"It's important for NCOs to seek this training," Bond said.

NCOs lead by example and should be the first out the door, Bond said. Several NCOs attended the course.

"This right here makes the unit that much stronger," Bond said.

## Black History Month Celebration



Douglas DeMaio

Above, Fritz Desroches looks at a display during the Black History Month celebration Feb. 28 at the Warner Conference Center. At right, Kimberley Monteleone and Demetrius McGhee dance to some Jazz music during the event. During the event, volunteers performed dramatizations of influential periods for black people in American History and identified famous black Americans.

The Black History Month celebration Feb. 28 at the Warner Conference Center was a spirited event that brought joy and laughter for those who attended.

Deputy to the Garrison Commander Dr. Robert Mann described the event as "educational" and "emotional."

Speaking to all the attendees and volunteers, Mann thanked them for the contribution to make the event a memorable occasion. The theme for this year was 'A Quest for Black Citizenship in the Americas.'

Door prizes were passed out and food samples were served at the conclusion of the event.



The event had displays of African American art.

Volunteers performed dramatizations of influential periods for black people in American History and identified some famous black Americans such as Thurgood Marshall, Colin Powell, Condelezza Rice and President Barack Obama.

"As we give praise to those most recent accomplishments, we must also reflect back to those key events and persons that set the stage and built the foundation that we now, as a people, stand on," Mann said, who finished his speech by encouraging those in attendance to strive for greater achievements in their life.

### Outside the Gate

Weekend Events in and around Bamberg for March 5 - 9

#### Friday, Mar. 6

- 4 p.m. "Hänsel and Gretel" (in German) fairy tale at Marionette-Theater, Untere Sandstraße 30, Bamberg – tickets at [www.bvd-ticket.de](http://www.bvd-ticket.de)
- 6 p.m. "Hänsel and Gretel" (in German) opera at Marionette-Theater, Untere Sandstraße 30, Bamberg – tickets at [www.bvd-ticket.de](http://www.bvd-ticket.de)
- 8 p.m. "Gankino Circus & DJ ESP" live music at Live-Club, Obere Sandstraße 7, Bamberg
- 8 p.m. "Marybeth D Amico" singer, song writer, live music at Blues Bar, Obere Sandstraße 18, Bamberg
- 9 p.m. "Ernie Watts Quartet Star concert" live funk jazz at Jazzclub Bamberg, Obere Sandstr. 18, Bamberg

#### Saturday, Mar. 7

- 10 a.m. "Volksmarching in Kasendorf" (between Bamberg and Bayreuth, autobahn A70 exit Schirradorf) start and finish: community center (Gemeindebauhof), Industriestr. 10 in 95359 Kasendorf, distances: 5 , 10 and 15 km
- 8 p.m. "Blue Sunday" live music at Blues Bar, Obere Sandstraße 18, Bamberg
- 8 p.m. "Little Shop of Horrors" the cult musical live at Bürgersaal Stegaurach, Elsterweg, 96135 Stegaurach (tickets available at [www.bvd-ticket.de](http://www.bvd-ticket.de))

- 8 p.m. "Nitro 17" live music at Sound'n Arts Club, Sandstraße 20, Bamberg
- 9 p.m. "Johannes Bargeld Projekt" live music at Club Kaulberg, Unterer Kaulberg 36, Bamberg
- 11 p.m. "SCHWOF" various live bands and DJ rock party at Live-Club, Obere Sandstr. 7, Bamberg

#### Sunday, Mar. 8

- 10 a.m. "Volksmarching in Kasendorf" (between Bamberg and Bayreuth, autobahn A70 exit Schirradorf) start and finish: community center (Gemeindebauhof), Industriestr. 10 in 95359 Kasendorf, distances: 5 , 10 and 15 km
- 10 a.m. "Easter crafts fair" at Seehofhalle Memmelsdorf, Pödelndorfer Str. 20a, 96117 Memmelsdorf
- 10 a.m. "Reptile exhibition" at Konzert- und Kongresshalle - Hegelsaal, Mußstraße 1, Bamberg
- 5 p.m. "Concert" with musicians of the Bamberg Symphony Orchestra at Steigerwaldhalle Burgebrach, Bamberger Str., 96138 Burgebrach
- 8 p.m. "One Bar Town" live music at Blues Bar, Obere Sandstraße 18, Bamberg

#### Monday, Mar. 9

- 7 p.m. Piano-Live at Hofbräu Restaurant & Bar, Karolinenstr. 7, Bamberg
- 9 p.m. "SCHWOF" the cult disco party, all drinks are half price at Live-Club, Obere Sandstr. 7, Bamberg

Send your Bamberg area classifieds to the Warner Weekly  
at [bambergpao@eur.army.mil](mailto:bambergpao@eur.army.mil)



## Community Announcements

### Scheduled Ration Card System Outage

The Army & Air Force Exchange Service will have a scheduled system outage that will bring the complete ESSO Ration Card System down between 6 - 10 a.m. on March 8. Customers will not be able to purchase fuel on post or at local ESSO stations during this period. This is necessary to make updates to the system.

### School Discussion Group

Come help us plan and implement the "It Takes a Village" discussion group that will meet every second and fourth Wednesday of the month from 8:15-9:15 a.m. at Bamberg Elementary School. The first meeting is March 11. This group will meet to provide mutual support, problem solving techniques, and coping skills for parents of students at Bamberg Elementary School. All parents and children are welcome to attend.

### Bamberg Golf Pro Shop Clearance Sale

USAG Bamberg's Golf Pro Shop and Whispering Pines Golf Course manager Danny Brown are getting ready to open the golf season in April. Everything in the pro shop must go! Save 15-20 percent on marked merchandise, including brands like Callaway, Ping, Taylor Made and Nike. The clearance sale is from March 1 - 31 from 9 a.m. to 6 p.m. For more information, call the pro shop, Bldg. 7682, at CIV:09513008953 or e-mail Daniel.brown@eur.army.mil.

### Civilian Clergy

The USAG Bamberg Community Chapel has a non-personal service contract opportunity for a Catholic Civilian Clergy. We anticipate a performance period of April 1, 2009 through March 31, 2010. Interested parties should contact the Bamberg Regional Contracting Office for a copy of the solicitation packet# W912PG-09-T-0060, which will be used for submission. For more information, call DSN: 469-9400 / CIV 0951-300-9400 or visit <http://www.usace.army.mil/frc/default.htm>. Please submit your application no later than March 13 by 6 p.m.

### Women's History Month

Celebrate Women's History Month at the Warner Conference Center. Women's History Month takes place annually during the month of March. Come out to the Warner Conference Center on March 27 at 11:30 a.m. for a luncheon featuring an art exhibition and a video of Bamberg community women. In 2009, the theme is "Women Taking the Lead to Save our Planet". The National Women's History Project honors representative of women from across the country who have taken or are taking the lead to save our planet. For more information, call EEO at 469-8750.

### Fitness Punch Cards

Punch cards for Pilates and Boot Camp purchased last year will expire at the end of March. Boot Camp is offered four times a week and Pilates is offered twice a week. Everyone can use their cards within 3 months (5 visits). Punch cards are not currently being sold. New punch cards available in April will contain 5 paid visits with one free class and will have a 90 day expiration date. There is no refund and all sales are final. All sales must be done by the gym staff at the issue desk prior to class. They will give you a receipt to be shown to the instructor when you participate in a

class. For unit physical training, times need to be adjusted due to the instructor's children's schedule. The time is now from 6 - 7 a.m. For more information, call CIV:0951-300-8035.

### NAF Resume training

The Bamberg NAF Human Resource Office will conduct resume writing classes March 26, April 23 and May 21 for anyone interested in learning about how to apply and how to write resumes for NAF positions. The course teaches job seekers how to apply for NAF vacancy announcements only. It is not a general resume writing class. The class will be in the NAF Human Resource Office training room in bldg. 7486, from 10 - 11:30 a.m. Sign up early, only 8 students maximum. For more information or to register, call Anna Sanderlin at DSN:469-8027 or CIV:0951-300-8027 or visit the HR Office.

## Closures / Changes

### Downtown Bamberg Bridge Closed

As of March 2, the "Kettenbrücke" (one of the main bridges in downtown Bamberg) is closed for all vehicle traffic due to reconstruction. Bicycles and pedestrians are still able to use the bridge until the end of this month. After that, they will be able to use a temporary construction, which will be put up within the next few weeks. All vehicle traffic will have to use the detours to get downtown. The reconstruction of the bridge is scheduled to be completed by summer 2011.

### Central Issue Facility

The Central Issue Facility (CIF) is closed for annual inventory between March 23-27. During the last week of March, CIF will only support Soldiers in an emergency status.

### Community Mail Room

The Bamberg Community Mail Room (CMR) will have a change of customer service hours for the lobby window on March 9. The customer window will be open from 1 - 6 p.m. for parcel and mail pick-up.

### Post-Deployment Health Reassessment

Walk-in Post-Deployment Health Reassessment will be March 6 from 8 a.m. - noon at the Bamberg Health Clinic.

### Bowling Lanes hours change

Birchview Lanes Bowling Center has changed its hours of operation. For more information please call DSN:469-7885.

- Thursday, 11 a.m.-10 p.m.
- Friday and Saturday, 11 a.m.- 12 a.m. (midnight)
- Sunday, 12 - 8 p.m.
- Monday, Tuesday, Wednesday - CLOSED
- Monday Holiday hours 12 - 8 p.m.

### Vacation-Credit Policy

Child Youth and School Services fee policy allows Families to take up to 2 weeks of leave or vacation without paying for days that their child was not in CYS childcare, and without losing their childcare space. To support our redeployed Soldiers and their Families, IMCOM-Europe CYS services will grant them up to an additional two weeks of childcare payment exemption without losing their childcare space. This grant will apply only to Soldiers who are officially participating in

more than two weeks of block leave as part of the reintegration process. This additional credit will give these Soldiers a total of four weeks of vacation credit. Any part of the regular two-week vacation credit that has been used will be deducted from the total. For more information, call 469-1770 or visit <http://www.bamberg.army.mil/sites/mwr/PDFs/CYSSEExtraVacationCreditMemo.pdf>

### Clinic hours

The Bamberg Health Clinic hours of operation are as follows: Monday - Thursday sick call is from 7-8 a.m.; full service is available from 7:30 a.m. until 4:30 p.m. On Fridays, sick call is from 7-8 a.m. and full service from 7:30 a.m. until 12:00 p.m. We are closed on Friday afternoons for mandatory training. The Health Clinic is also closed on federal holidays and weekends. For more information or if you need to make an appointment, call DSN 469-1750 / Civilian 0951-300-1750. If you have a medical emergency, call the Bamberg Military Police at 0951-300-114. You may also call the TRICARE Nurse Advice Line at toll-free number 00800-4759-2330, 24 hours a day, seven days a week to talk to a nurse about your health care concerns, get self-care advice to help you feel better now, schedule appointments with your military provider, and arrange a phone call with your provider.

### ACS hours of operation

The USAG Bamberg Army Community Services is open Monday - Friday from 7:30 a.m. - 4:30 p.m. The office is closed on federal holidays but open on training holidays.

## Car Pool Lane

*Working in Bamberg but living somewhere else? Want to carpool but don't know anyone from your area? Check out our new Car Pool Lane for listings by others in the same quandary or put your own announcement in to let people know you want to cut back on pollution and gas costs. Just send your information to [bambergpao@eur.army.mil](mailto:bambergpao@eur.army.mil).*

### Kitzingen to Bamberg

Leave at 6:30 a.m. to Bamberg, Return to Kitzingen at 5:30 p.m. For more information, call at DSN:469-7975.

## Weekly Reminders

### Pre-Separation briefing

Planning to move from Soldier to Civilian? Take advantage of the transition services offered by the Army Career and Alumni Program, such as a Department of Labor 2.5 day job assistance workshop, help with resume preparation, and information about your veterans benefits. Make an appointment to attend the mandatory ACAP Pre-Separation Briefing. The briefing is held weekly and takes about an hour. Separating Soldiers can start ACAP one year prior to ETS whereas those Soldiers who will be retiring can start two years out from their projected retirement date. Take the first step by calling ACAP at DSN:469-8925 or CIV:0951-300-8925.

### Veterinary Facility hours

The Bamberg Veterinary Facility's new business hours are; Monday through Wednesday from 8 a.m. - 4 p.m. and closed Thursday and Friday. No

**Don't miss the Bamberg Pro Shop Clearance Sale  
Begins March 1 by the Whispering Pines Golf Course**

walk-in appointments are available. The clinic is closed on the last weekday of each month for inventory. The clinic is also closed on all American and training holidays. Over the counter products and prescriptions may be purchased during regular business hours. Due to the high demand for appointments, please notify the clinic of cancellations 24 hours in advance. In case of an emergency, please contact an off-post veterinarian. A list of off-post veterinarians is available at the clinic. For more information or to schedule an appointment please call 0951-300-7972.

## Youth and Teens

### Terra Nova testing

Bamberg Middle High School will be administering the Terra Nova Standardized Tests during the week of March 9 - 13. All students in grades 7 - 11 are required to take these tests in areas of Language Arts, Mathematics, Science and Social Studies. The scores are used as one of the criteria for placing students in special classes (Honors, AP, AVID, Math Lab and reading Lab) for the upcoming school year. Please make every effort to schedule your medical appointments and family trips around the test dates so students can be present in school during the standardized testing week. This will enable your student to avoid missing classes in order to make up the standardized tests missed during absences. If you have questions, please call 469-8874 or CIV:09515098592.

### Babysitting Class

"The American Red Cross Bamberg is offering a Babysitting Class at JFK on April 10 from 9:30 a.m.-5 p.m. The minimum age for students is 11. A class fee of \$35 may be paid at the Red Cross office in the ACS building 7029. For more information, call DSN 469-1760 or 0951-300-1760.

### Boys & Girls Club Week

Child, Youth and School Services (CYSS) will celebrate National Boys & Girls Club Week from 4 - 5 p.m. between March 23 - 28 at bldg. 7673. There will be an Ice Cream Social, Silly Photo Day, Paper Airplane Contest, Bingo, family games and more. The events are free. For more information, call DSN:469-8871 or CIV:0951-300-8871 or e-mail rizza.asuncion@eur.army.mil.

### Youth Dating and Relationships

Child, Youth and School Services will have a Going Solo Series of events related to Dating and Relationships from 4 - 5:30 p.m. between March 23 - 26 at JFK MultiPlex in Bldg 7673. The event is only open to youth in grades 10 - 12. Join us for honest discussions on dating and relationships. For more information, call DSN:469-8871 or CIV:0951-300-8871 or e-mail rizza.asuncion@eur.army.mil.

### Youth Physicals Day

Sports physical exams for all school-aged children requiring one for school or a Child and Youth School Services activity will be available June 6 from 8 a.m. - noon and 1 - 3:30 p.m. at the Health Clinic. Please bring your shot records and wear a short-sleeved shirt. For more information, call DSN:469-1750 or CIV:0951-300-1750.

## Health and Fitness

### New fitness classes

New classes to satisfy your fitness cravings. Tuesday at 4 p.m. - Free Spin (no charge) Thursday at 4:45 p.m. - Spinning (\$4)

Friday at 4 p.m. - Firm & Burn (no charge) See the fitness schedule for more information. Please note that Free Spin will start at 4:30 p.m. on the first Tuesday of the month only.

## Continuing Education

### Automotive skills

The Automotive Service Excellence exams will be given at the Bamberg Education Center May 12, 13 and 14. The registration deadline is March 13. If you are interested in achieving ASE certifications please come by our office. For more information, call 469-7715 (Ed Center) or 469-7382 (Testing Office).

### Book award

The University of Maryland Europe has some exciting news. Our Financial Aid Office just announced, for Spring Session 2 only, a new Europe \$100 Book Award for spouses and family members of active-duty enlisted service members. The eligibility requirements and the easy online application form can be accessed at [http://www.ed.umuc.edu/financial\\_aid/europe\\_bookaward.html](http://www.ed.umuc.edu/financial_aid/europe_bookaward.html). No other forms are required for this award and the application takes just a few minutes, so the Army Education Center encourages interested students to take advantage of this new book award program. More than 700 UMUC students have been awarded the Orkand Book Award and we encourage Soldiers and family members to view the eligibility requirements and online application online.

### Pilot Program

The Army has been selected by Congress to participate in an education pilot program designed to provide additional ways to expand education opportunities. Soldiers serving on active duty, to include National Guard and Reserve Soldiers on extended active duty, may acquire technical, vocational, or advanced training. This program is intended to provide training in high-demand career fields to help Soldiers find employment after they transition out of the Army. Army Education is working with technical and community colleges throughout the United States to build upon existing programs and develop new pilot re-training in career occupations such as rehabilitation, nursing, medical technology, and other health care occupations. For more information, visit the Army Vocational/Technical (AVOTEC) Web site at [https://www.hrc.army.mil/site/education/VOTEC\\_Program.html](https://www.hrc.army.mil/site/education/VOTEC_Program.html).

### University of Phoenix open

The University of Phoenix is open Monday through Friday from 7:30 a.m. - 4 p.m. It is located at the Warner Barracks Army Education Center, Bldg 7047, Room 309. Leah Gransbery, University of Phoenix field representative, can help you start your MBA or MAED program. Online and on-site courses are available and degrees can be achieved in 15-24 months. For more information, call Leah Gransbery at DSN:469-9280, CIV:0951-3009280/2085350 or email [leah.gransbery@us.army.mil](mailto:leah.gransbery@us.army.mil).

### University of Oklahoma classes


Apply, enroll and start University of Oklahoma classes anytime. On-site and online classes are available, no GRE is required, and non-thesis programs are available. Advanced class preparation and a one-week class session are required. OU faculty flies to local Education Centers to provide high-level instruction. Your degree will be recognized both nationally and internationally. Complete your degree in 16 to 24 months. For more information, call Yadira Sanchez at

USAG Kaiserslautern  
Miesau Gym, Bldg 1220

# US Forces Europe WRESTLING CHAMPIONSHIPS

**MARCH 7-8**  
WEIGHINS & PHYSICALS - 8 A.M.  
COACHES' MEETING - 9:30 A.M.  
EVENT - 10 A.M.

Register by phone or online at:  
[www.mwrgermany.com](http://www.mwrgermany.com) before Feb. 27



**Tournament Type- Greco-Roman & Freestyle**  
Open to all Active Duty Military personnel only.  
Women may compete in Freestyle!  
Governed by USA Wrestling Guidelines

MWRGERMANY.COM  
For info, or to register, call: 493-2088 / 0631-3406-2088

Bamberg Movie Schedule				
AAFES Realtime Theater is CLOSED Tue. and Wed.				
Thu.	Mar. 5	Yes Man (Pg-13)		7 p.m.
Fri.	Mar. 6	Valkyrie (Pg-13)		7 p.m.
Sat.	Mar. 7	Marley And Me (Pg)		4 p.m.
		Fired Up (Pg-13)(1strun)		7 p.m.
Sun.	Mar. 8	Marley And Me (Pg)		4 p.m.
		Fired Up (Pg-13)(1strun)		7 p.m.
Mon.	Mar. 9	Fired Up (Pg-13)(1strun)		7 p.m.
Thu	Mar. 12	Valkyrie (Pg-13)		7 p.m.
Fri	Mar. 13	Doubt (Pg-13)		7 p.m.
Sat	Mar. 14	The Unborn (Pg-13)		4 p.m.
		Street Fighter: The Legend Of Chun-Li (Pg-13)(1strun)		7 p.m.
Sun	Mar. 15	The Unborn (Pg-13)		4 p.m.
		Street Fighter: The Legend Of Chunli (Pg-13)(1strun)		7 p.m.
Mon	Mar. 16	Spirit (Pg-13)		7 p.m.
Thu	Mar. 19	Doubt (Pg-13)		7 p.m.
Fri	Mar. 20	Spirit (Pg-13)		7 p.m.
Sat	Mar. 21	Not Easily Broken (Pg-13)		4 p.m.
		Watchmen (R)(1strun)		7 p.m.
Sun	Mar. 22	Not Easily Broken (Pg-13)		4 p.m.
		The Curious Case Of Benjamin Button (Pg-13)		7 p.m.
Mon	Mar. 23	Watchmen (R)(1strun)		7 p.m.



DSN:467-3325 or CIV:09802-83-3325, or email [apansbach@ou.edu](mailto:apansbach@ou.edu). To find more information, visit [www.GoOu.OU.edu](http://www.GoOu.OU.edu).

## Entertainment and Leisure

### Roll the dice

It's Bunco time again. The Moonlight Cabin Bar will celebrate the "Night of Indulgence", a Bunco tournament with great prizes, March 14 at 6 p.m. Bunco players with the most wins will receive a \$50 Spafinder gift card, most Buncos wins receive a \$50 Bath & Body gift card, most losses \$25 iGourmet.com gift card. The event is free. Please sign up at the Moonlight Cabin, or e-mail [allen.vance@EUR.army.mil](mailto:allen.vance@EUR.army.mil).

### Outreach KONTAKT Club events

The Outreach KONTAKT Club has a new project officer, Capt. Jamel R. Carr and his family. The club is planning a trip on April 25 and 26 to Munich or Berlin. We'll have a flea market on post and sell coffee and cake to raise funds. Start collecting bargains for this flea market. In June or July, we are planning a visit to the military museum in "Stammeim" near Schweinfurt. The Outreach KONTAKT Bowling team bowls every Friday at 7 p.m. at Birchview Lanes on post. For more information, call Sonja Zettner at CIV: 09505-1040. Every Thursday our music group meets at

8 p.m. at the KONTAKT clubhouse. For more information on club activities, email Norbert Link at [link.norbert@t-online.de](mailto:link.norbert@t-online.de).

## Trips and Travel Opportunities

### Take a trip with Bamberg Outdoor Recreation in March

#### March 5 Tour Under Bamberg \$20

This unique trip through tunnels under Bamberg gives you a view of the city that shouldn't be missed. The tunnels are generally cool and damp, so please wear appropriate clothing and bring a flashlight. The departure time is 5 p.m. and returns at 7:30 p.m. from the CAC.

#### March 7 Auto Museums \$20

Get an up close and personal look at some of Germany's fastest engineering at the Porsche and Mercedes-Benz Museums in Stuttgart. The trip includes transportation and entrance to both museums. The departure time is 7 a.m. from the CAC and returns at 5:30 p.m.

#### March 13-16 Alps Ski and Board \$275

We're heading to Austria for some awesome peak season skiing and riding. The trip includes transportation and 3 nights of lodging with breakfast and dinner. It does not include a lift pass (approximately 38 Euro/day). Get reduced prices

on rentals and tuning at the ODR ski shop before you go. The departure time is at 10 a.m. March 13, will return at 10 p.m. March 16.



#### March 28 Berlin Day Trip \$45.

Join us for a day of sightseeing and exploring Berlin, Germany's capital city. You'll be able to hop on and off our bus to explore different parts of Berlin. Price includes transportation and some guided tours. The bus departs at 4 a.m. and returns at 11:30 p.m.

#### April 8 Day Trip to Bad Windsheim \$5

See how the Bavarian neighbors used to live hundreds of years ago as you explore this recreated historic town, \$5.00 includes transportation and entry fee. This is a family-friendly trip in support of Month of Military Child.

*You must register for these trips by the Monday before the scheduled leave date or they may be cancelled. To sign up or for more information, please come to Outdoor Recreation, bldg. 7047 or call DSN:469-8659/7450 or CIV: 0951-300-8659. All trips depart and arrive at Community Activity Center (CAC) unless otherwise noted. No refund will be given for no-shows. Military duty restraint or illness will be refunded.*



**Please call us and tell us when you sell your item so we can remove the advertisement. Thank you.**

## EMPLOYMENT

Emergency Medical Technology instructors needed. Central Texas College-Europe is accepting applications for Emergency Medical Technology instructors. Instructors must have the following credentials: hold an EMT-B license or higher or are medical professionals; have an Associate's degree in a medically related field and 5 years work experience, or a Bachelor's degree and with 3 years work experience; have at least 2 years of teaching experience or significant medical experience. For more information, call Sonia Rivera at 469-7467.

Legal Assistant/Paralegal instructors needed. Central Texas College-Europe is accepting applications for Legal Assistant/Paralegal instructors who have an Associate's degree or higher and a minimum of 5 years work experience in the legal/paralegal field or a Bachelor's degree and a minimum of 3 years work experience in the legal/paralegal field. For more information, call Sonia Rivera at 469-7467.

Automotive Technology instructors needed. Central Texas College-Europe is accepting applications for Automotive instructors who have an Associate's degree or higher and a minimum of 5 years work experience in the maintenance field or a Bachelor's degree and a minimum of 3 years work experience in the maintenance field. For more information, call Sonia Rivera at 469-7467.

Bamberg Elementary School has openings for part-time Education and Training Technicians (Special Education Aide). For more information on our open continuous vacancies go to [www.eu.dodea.edu](http://www.eu.dodea.edu).

Bamberg Elementary School has openings for Lunch Monitors. If you are looking for a part-time job and like working with children, stop by the BES main office for an application. For more information on our open continuous vacancies, go to [www.eu.dodea.edu](http://www.eu.dodea.edu).

The University of Oklahoma (OU), College of Continuing Education, Advanced Programs is seeking applicants for an assistant Site Director for the Ansbach/Illesheim offices. This position will be for 20 hours per week. Occasional evening and weekend work is required. Minimum requirements are a bachelor's degree as well as experience in marketing, public relations and office administration. Must be highly motivated, professional, with excellent communication skills, and the ability to deal with all levels of management. Computer skills must include MS Office (Word, Excel, and Access), e-mail and internet usage. Preferred is at least 18 months retainability. To apply, submit a cover letter and resume by e-mail to The University of Oklahoma, Ms. Mary Keller, OU Assistant Director at [apeuprogams@ou.edu](mailto:apeuprogams@ou.edu) or fax DSN 370-6687 or 06221-768945. If you have any questions about the position call 476-2069 or email [apvlseck@ou.edu](mailto:apvlseck@ou.edu). Deadline for receipt of applications is Feb. 13; applicants selected for interviews will be notified. Interviews to be held the week of 9 February. The position will begin on or about March 2 and will report directly to the Area Site Director for Bavaria, Benjamin Griffin. This is a 20-hour position at \$10 an hour with .5 prorated benefits (this position can be tax exempt if you meet the IRS guidelines for exempt status) and includes a partial tuition fee waiver. All applicants must have a valid US ID card or be eligible to obtain one within the regulations of the Status of Forces Agreement, driver's license and a social security card. The University of Oklahoma is an equal opportunity, affirmative action employer. (02/05/09)

## FOR SALE

PCS Sale - 18" Samsung TV/VCR Combo (no remote) \$50 and Philips CD135 Cordless Phone \$25 Both 220v. Please call 01755326497 or email [jona-than.foronda@gmail.com](mailto:jona-than.foronda@gmail.com). (02/26/09)

2 AFN Decoders with 2 remotes - \$125 each set. 1 Dish - \$200. All for \$375/OBO. Bamberg area. Please contact 0951-301-6407. (02/26/09)

German crib, brand new, medium brown stain, assembled but never used. \$150 OBO. Email [armychik1019@yahoo.com](mailto:armychik1019@yahoo.com) for pictures. (02/26/09)

AFN decoder box and satellite dish, includes brackets. \$200 OBO. Email [kris.whittier@gmail.com](mailto:kris.whittier@gmail.com) or call 0151-5125-3008 between 8 a.m. - 8 p.m. (02/05/2009)

## FOR RENT

Brand new, fully furnished, 70qm apartment with build in kitchen, large living room, bedroom and bathroom (all furnished). Call Bridget at 0162-8769391. (02/05/09)

## MISCELLANEOUS

WANTED: King Size Bed, Girl Toddler Clothes (sizes 2T - 3T), Everything needed for AFN Cable off-post, an automatic car priced below \$1200 (must be able to pass inspection), and an over-

stuffed recliner (LAY-Z-BOY) or glider with ottoman. Feel free to call me at 01747039965 from 1 - 7pm, Mon-Fri ...ask for Dana...or email me at [dana.wilson3@us.army.mil](mailto:dana.wilson3@us.army.mil). Pictures requested if available. Thanks.

NEED A BABYSITTER??? I live in Hallstadt, and am offering reasonably priced childcare and flexible hours. Available Mon-Fri, most weekends and most holidays. Feel free to call me at 01747039965 from 1 - 7 pm, Mon-Fri, ask for Dana....or email me at [Dana.wilson3@us.army.mil](mailto:Dana.wilson3@us.army.mil). Thanks.

Calling all Aggies / Graduates of Texas A&M, did you graduate from Texas A&M, or supported an Aggie? Would you like to get back in contact with other Aggies? Are you interested in spending Muster this year with other Aggies? There are Aggies in Bavaria who are interested in getting an Aggie group started. It doesn't matter if you graduated from Texas A&M yourself, have a child there, or are planning on attending yourself in the future. Send an e-mail to [AggiesInBavaria@googlemail.com](mailto:AggiesInBavaria@googlemail.com), and we'll reply with more information about setting up a meeting. Help us spread the Aggie network a little farther. (02/26/09)

We are looking for a vehicle between \$800-\$1200. If you are selling your vehicle we would love to check it out ASAP. Please call us at 0951-297-1213 or our cell 017-473-440-82. We are located at Warner Barracks. (02/05/09)

## PLEASE BE AWARE

As of Feb. 13, entry requirements for France have changed for both leisure and official travel. For leisure travel, active duty were once allowed to travel to France on Leave Orders and an ID Card. Tourist passports are now required for all Active Duty members, civilian employees, and family members.

For more information or guidance on any travel, please contact your security office or visit <https://secureapp2.hqda.pentagon.mil/passportmatters/> or visit Travel Central at [www.bamberg.army.mil](http://www.bamberg.army.mil).



# WINTER STORM

The extreme cold and heavy snowfall that accompany winter storms can be debilitating and dangerous. Winter storms can affect everyone, even those who usually experience mild winters. Heavy snowfall can be blinding for drivers and dangerous for those it traps indoors. Winter storms may also include high winds, sleet, freezing rain, frozen roads, power outages and dangerously cold temperatures.



## How to Prepare for a Winter Storm

- Be aware of the risk for severe winter weather in your area.
- Stay informed and know winter storm terminology:
  - **Freezing rain**—Rain that freezes when it hits the ground. Ice may coat roads, walkways, trees and power lines.
  - **Sleet**—Rain that freezes into ice pellets before it reaches the ground. Sleet can cause moisture on roads and walkways to freeze.
  - **Winter storm watch**—Weather conditions are favorable for development of a winter storm. Stay tuned to radio or TV for more information and instructions.
  - **Winter storm warning**—A winter storm is occurring or will occur soon.
  - **Blizzard warning**—Considerable amounts of snow with sustained winds or frequent gusts up to 35 mph are expected to prevail for at least three hours. Visibility is reduced to less than a quarter mile.
  - **Frost/freeze warning**—Below-freezing temperatures are expected.
- Make sure your home is properly insulated.
- Caulk and weather strip doors and windows to keep out cold air.
- Insulate pipes to prevent freezing.
- Consider what to use for emergency heat in case the electricity goes out:
  - Fireplace with ample supply of wood
  - Small, well-vented camp stove with fuel
  - Portable space or kerosene heater (check with your fire department first)
- Understand the heating system in your home. Be aware that the most destructive home fires happen during winter weather due to improper use of heating devices.
- To prevent water damage from burst pipes, keep your home's temperature above freezing, even if you are away.
- Keep your car's gas tank full to keep the fuel line from freezing and for emergency use.
- Make sure you have an adequate amount of winter clothing and blankets for your family.
- Get an emergency supply kit that includes rock salt, sand, snow shovels and other snow-removal equipment, adequate winter clothing and batteries for radio and flashlights.
- To slow the accumulation of snow and ice on your driveway and outside steps, pretreat these surfaces by spreading a small amount of rock salt.





## ***What to Do If There Is a Winter Storm***

- Stay inside and monitor the radio or TV for more information or instructions.
- Eat regularly and drink plenty of fluids.
- Practice fire safety, check the batteries in your smoke alarms and make sure there is plenty of ventilation if you are using a heat source that can produce hazardous smoke or fumes.
- Dress in several layers of warm clothing.
- If you are outside:
  - Do not overexert yourself in snow shoveling or any other physical activity.
  - When shoveling, do not try to move large amounts of snow each time. Lift with your legs to help prevent serious back injury.
  - Cover your mouth to protect your lungs from the extremely cold air.
  - Keep dry and change any wet clothing as soon as possible.
- Watch for signs of frostbite: loss of feeling or pale appearance in extremities.
- Travel only if you must, during the day and on main roads.
- If you are trapped in your car by a blizzard:
  - Pull to the side of the road and put the hazard lights on.
  - Remain in the vehicle, where rescuers are most likely to find you.
  - Run the engine for 10 minutes every hour to keep warm.
  - Exercise to maintain body heat, but do not overexert yourself.
  - Drink fluids to avoid dehydration.
  - At night, take turns sleeping and turn the inside light on.
  - Be careful not to waste battery power.
  - If you are stranded in a remote area, stomp large block letters in an open area that spell "HELP" or "SOS."
  - Leave the car on foot only if absolutely necessary and the blizzard has passed.
- Watch for signs of hypothermia: uncontrollable shivering, memory loss, disorientation, slurred speech and drowsiness.
- If signs of hypothermia are detected, keep victims warm by removing all wet clothing, warm the center of their bodies first and seek medical attention immediately.

## ***What to Do After a Winter Storm***

- Stay tuned to radio or TV for more information or instructions.
- Be aware of the possibility of flooding after a winter storm.
- Seek medical attention immediately if needed.
- Be very careful driving, as roads may still be wet or frozen.
- Once you are in a safe place, report to your command if you are military or government civilian personnel or a member of the selective reserves.

## ***Where to Find Additional Information***

- American Red Cross—[www.redcross.org/static/file\\_cont265\\_lang0\\_127.pdf](http://www.redcross.org/static/file_cont265_lang0_127.pdf)
- Centers for Disease Control and Prevention (CDC)—[www.bt.cdc.gov/disasters/winter/](http://www.bt.cdc.gov/disasters/winter/)
- Department of Homeland Security (Ready.gov)—[www.ready.gov/america/beinformed/winter.html](http://www.ready.gov/america/beinformed/winter.html)
- Federal Emergency Management Agency (FEMA)—[www.fema.gov/hazard/winter/index.shtm](http://www.fema.gov/hazard/winter/index.shtm)

**It's up to you. Prepare strong. Get an emergency supply kit with enough supplies for at least three days, make an emergency plan with your family and be informed about what might happen.**

